

6th International Congress

HEALTHY CITIES REGENERATION

PROGRAM



EC1 Łódź -
City of Culture

5-6 May
2026

www.regeneracjamiast.pl



The programme is **provisional** and subject to change.

The Organiser shall make every effort to ensure that the Congress proceeds in accordance with the presented schedule; however, the Organiser reserves the right to make changes to the programme, the timing of individual sessions and the list of speakers.

TUESDAY, 5 MAY 2026		
OPENING SESSION		
MACHINE HALL	10.00 – 10.20	Congress Opening Paweł Jędrachowicz – Acting Director of the Department of Health and Social Affairs, City of Łódź Lucyna Woźniak – Vice-Rector for International Cooperation, Medical University of Łódź
	10.20 – 10.35	The City as a Health Environment – Strategic Importance in Public Health Policy Katarzyna Kacperczyk – Undersecretary of State, Ministry of Health
	10.35 – 10.50	Voice: Imagining Healthy Urban Futures in Uncertain Times Karin Huber-Heim – Executive Director, Circular Economy Forum Austria
	10.50 – 11.05	Voice: Cities in NFZ Data Filip Urbański – Director of the Department of Analysis, Quality Monitoring and Benefits Optimisation, National Health Fund
	11.05 – 11.20	Voice: Public Space as Critical Health Infrastructure: Rethinking Urban Regeneration Through the Lens of Human Experience Paulo Morgado Sousa – eMOTIONAL Cities Project Coordinator, Urban Health Cluster
	11.20 – 11.25	Opening remarks for the poster session Maria Olbert – student, University of Łódź
	11.25 – 11.30	Opening remarks for the Oxford-style debate Julia Isert – student, University of Łódź
	11.30 – 12.00	Break

TUESDAY, 5 MAY 2026

MACHINE HALL	12.00 – 12.15	Voice: Living in an Urban Ecosystem Stephen Venn – University of Oulu, Finland
	12.15 – 12.30	Voice: From the Urban Microbiome to the Urbanome – A Picture After 20 Years of Omics Research Maria Koziotkiewicz – Institute of Molecular and Industrial Biotechnology, Lodz University of Technology
	12.30 – 12.45	Voice: The Urban Aerobiome: An Invisible Determinant of Health and the Design of Public Spaces Justyna Szulc – Department of Environmental Biotechnology, Lodz University of Technology
	12.45 – 13.30	Panel: The Urban Microbiome – Challenges for Urban Planning and Regenerative City Architecture Moderator: Tadeusz Markowski – University of Łódź; Vice-Chair of the Congress Programme Council Jakub Fichna – Head of the Department of Biochemistry and Chemistry, Medical University of Łódź Michał Kukla – Department of Internal Medicine and Geriatrics, Collegium Medicum, Jagiellonian University Karolina Rudnicka – Faculty of Biology and Environmental Protection, University of Łódź Sylwia Różalska – Faculty of Biology and Environmental Protection, University of Łódź Anna Wierzbicka – Director of the Department of Ecology and Climate, City of Łódź Office
	13.30 – 14.30	Break
	14.30 – 15.10	Presentation of the Healthy Companies Index Introductory Remarks: Agata Chudzicka-Czupała – SWPS University Agnieszka Czerw – Vice-Dean for Teaching, Faculty of Psychology and Law in Poznań, SWPS University (Poznań Branch) Jakub Głowacki – Cracow University of Economics Seweryn Krupnik – Institute of Sociology, Centre for Evaluation and Analysis of Public Policies, Jagiellonian University in Kraków
	15.10 – 16.00	Panel: How to Be a Healthy Company? Moderator: Leszek Mellibruda – Academy of Applied Sciences in Radom Paweł Bechciński – Country People & Culture Manager, IKEA Magdalena Kandefer-Kańtoch – Director of Communications, Press Secretary, bp in Poland Małgorzata Mazur – Senior HR Sustainability Manager, Jerónimo Martins Polska S.A. Joanna Warmuz – Senior Expert, Organizational Culture Department, ING Bank Śląski S.A.
	16.00 – 16.30	Break
	16.30 – 17.15	Panel: Future for Life: Łódzkie for Healthy Cities Moderator: Magda Kubicka – Director of the Innovation Department, Łódź Special Economic Zone S.A. Tomasz Sadzyński – President of the Management Board, Łódź Special Economic Zone S.A. Piotr Wojtysiak – Vice Marshal of the Łódzkie Voivodeship Lucyna Woźniak – Vice-Rector for International Cooperation, Medical University of Łódź Maciej Wyciślik – Chief International Officer, Endolink S.A.
	17.15 – 18.00	Showcase LifeTech – LifeTech Startup Arena: Presentation of Startup Solutions Robert Król – President of the Management Board, Holo4Med & Anna Janiczek – Member of the Management Board, Holo4Med Adrian Pawlik – President of the Management Board, Deep Whale Sp. z o.o. Piotr Ściegienka – CEO APAC, Prometheus Med Tech AI Marcin Talar – CEO, UMED Technologies

TUESDAY, 5 MAY 2026

CRANE HALL	12.00 – 12.45	<p>Science Hub UniLodz – UNIC Edition: Let’s Explore and Transform the City Together Moderator: Błażej Filanowski – Communication Broker, Science Hub (UNIC Edition) Ewa Boryczka-Kubiak – Interdisciplinary Centre for Urban Studies, University of Łódź Agata Burlńska – Deputy Director, Municipal Activity Office, City of Łódź Office Tomasz Ciesielski – Director of the Technology Transfer Centre, University of Łódź Tomislav Ivanković – Faculty of Science, University of Zagreb</p>
	12.45 – 13.30	<p>Panel: Digital Healthcare System: From Efficient Management to Advanced Diagnostics and Data Security Moderator: Ewa Tyszko – journalist, TVP3 Łódź Jarostaw Bułka – Plenipotentiary of the Mayor of Kraków for Digital Transformation Adam Miller – Secretary, Regional Medical Association Marcin Romanowski – President of the Management Board, Mednow</p>
	13.30 – 14.30	Break
	14.30 – 14.40	<p>Remarks: Mobile Measurement Devices – Data from MPK Buses as the First Step Towards a Digital Twin City Stanisław Szadkowiak & Klaudia Banasiewicz – Students, Lodz University of Technology</p>
	14.40 – 14.50	<p>Film Screening: The Dark Sides of Industrial Łódź, followed by a short commentary by the creator Marcin Szymański – Department of Contemporary Polish History, University of Łódź</p>
	14.50 – 15.00	<p>Remarks: A City That Breathes Data: Social Media and Users’ Digital Footprints in Health-Oriented Design Piotr Ciebiada – Lodz University of Technology</p>
	15.00 – 16.00	<p>Panel: Gone with the Wind? Spatial Planning for Air Quality Moderator: Grzegorz Liśkiewicz – Institute of Turbomachinery, Lodz University of Technology Robert Cichowicz – Faculty of Civil Engineering, Architecture and Environmental Engineering, Lodz University of Technology Roberto Navarro Garcia – Universitat Politècnica de València Andrzej Guła – President of the Management Board, Polish Smog Alert Jakub Krzysztofik – Association of Polish Architects</p>
	16.00 – 16.30	Break
	16.30 – 16.50	<p>Voice: Toward an innovative pediatric total artificial heart Andrea Bagno – University of Padova</p>
	16.50 – 18.00	<p>Panel: The Beating Heart of the City – The Regenerative City as an Ecosystem for Cardiovascular Health in Children and Adults Moderator: Dariusz Witkowski – Institute of Turbomachinery, Lodz University of Technology Andrea Bagno – University of Padova Anna Karczemska – Institute of Turbomachinery, Lodz University of Technology Maciej Moll – Polish Mother’s Memorial Hospital Research Institute Emil Saryusz-Wolski – Department of Textiles and Design, Lodz University of Technology Joanna Sońnicka – Lodz University of Technology</p>

WEDNESDAY, 6 MAY 2026

MACHINE HALL	9.40 – 10.00	Voice: Treatment of Early Alzheimer’s Disease Symptoms and Cognitive Impairment Adam Broncel – Medical Director, Cogniguard
	10.00 – 11.00	Panel: Urban Health Policy – Dialogue and Partnership Moderator: Anna Łukasik – TVP 3 Łódź Monika Domarecka – Director of the Central Clinical Hospital, Medical University of Łódź Dariusz Dzietak – Director of the Public Partnership and Innovation Office, National Health Fund Paweł Jędrachowicz – Acting Director of the Department of Health and Social Affairs, City of Łódź Iwona Maroszyńska – Director of the Polish Mother’s Memorial Hospital Research Institute
	11.00 – 11.30	Break
	11.30 – 11.45	Voice: Healthier Cities, Healthier People: An Economic Perspective Michele Cecchini – Organisation for Economic Co-operation and Development (OECD)
	11.45 – 12.00	Voice: How can we implement innovations in public health? Does it have to be difficult? Dariusz Dzietak – Director of the Public Partnership and Innovation Office, National Health Fund
	12.00 – 13.00	Panel: Should a Doctor Be an Influencer? Moderator: Jacek Grudzień – Radio Łódź Joanna Gutral – psychologist, psychotherapist, psychoeducator Łukasz Jasek – President of the District Medical Chamber in Łódź Tomasz Karuda – University Clinical Hospital of Norbert Barlicki in Łódź Aleksandra Lewandowska – National Consultant in Child and Adolescent Psychiatry Katarzyna Muras-Szwedziak – Medical University of Łódź
	13.00 – 14.00	Break
	14.00 – 15.30	Panel: Technologies in Modern Healthcare Introductory Remarks: Łukasz Albrecht – Vice-Rector for Science, Lodz University of Technology Moderator: Radosław Zajdel – Department of Journalism and Social Communication, Medical University of Łódź Arkadiusz Iwanicki – University of Łódź Łukasz Jęcek & Alicja Świercz – Students, Lodz University of Technology Karol Korczak – Department of Economic and Medical Informatics, University of Łódź Tadeusz Uhl – AGH University of Science and Technology

WEDNESDAY, 6 MAY 2026

CRANE HALL	11.30 – 11.45	<p>Voice: Designing Healthier Cities: The Role of Spatial Planning Catherine Vilquin – President of the ECTP-CEU (European Council of Spatial Planners)</p>
	11.45 – 13.00	<p>Panel: Urban Planning and Architecture in the Context of the Health Regeneration of Cities Moderator: Tomasz Majda – Chairman of the Board, Society of Polish Town Planners Piotr Arkuszewski – Medical University of Łódź Dominik Borek – Director of the Tourism Department, Ministry of Sport and Tourism Joanna Borowczyk – Institute of Architecture and Urban Planning, Lodz University of Technology Adrianna Cieślak - Arkuszewska – Institute of Architecture and Urban Planning, Lodz University of Technology Renata Giedych – Department of Landscape Architecture, Warsaw University of Life Sciences</p>
	13.00 – 14.00	Break
	14.00 – 15.30	<p>Panel: The Urbanised Environment as a Means of Promoting Good Health Moderator: Anna Jegier – Department of Sports Medicine, Medical University of Łódź Joanna Kostka – Associate Dean of the Faculty of Health Sciences for the integrated master’s program in Physical Therapy, Medical University of Łódź Paulina Królikowska – Chair of the Palliative Medicine Student Scientific Society, Medical University of Łódź Katarzyna Scheer – President of the Management Board, Biedronka Foundation Wiktoria Sztandera – Medical University of Łódź</p>

WEDNESDAY, 6 MAY 2026

CLOSING SESSION

MACHINE HALL	15.30 – 15.45	<p>Voice: Challenges for elder care in the context of aging cities Tomasz Kostka – Department of Geriatrics, Medical University of Łódź</p>
	15.45 – 16.45	<p>The City Prolongs Life – Oxford-Style Debate by Students of Łódź Universities</p> <p>Moderator: Ronald Wójcik – Representative of the Dean of the Faculty of Philosophy and History for Promotion and External Relations, University of Łódź</p> <p>Team 1 Zofia Jasik – Academy of Fine Arts in Łódź Zuzanna Kruszyńska – Medical University of Łódź Adam Miziołek – Lodz University of Technology Adam Szebesczyk – Lodz University of Technology Wiktoria Świętaczak – University of Lodz Jakub Robak – Medical University of Lodz</p> <p>Team 2 Krzysztof Bogdański – Medical University of Łódź Jakub Horosz – Academy of Fine Arts in Łódź Julia Isert – University of Łódź Maja Jurkiewicz – University of Łódź Karolina Kuryłto – Academy of Fine Arts Eliza Łakoma – Łódź University of Technology</p>
	16.45 – 17.00	<p>Congress Summary Jerzy Hausner – Chair of the Congress Programme Council</p>